

Empowering Ownership *My Body, My Choice*



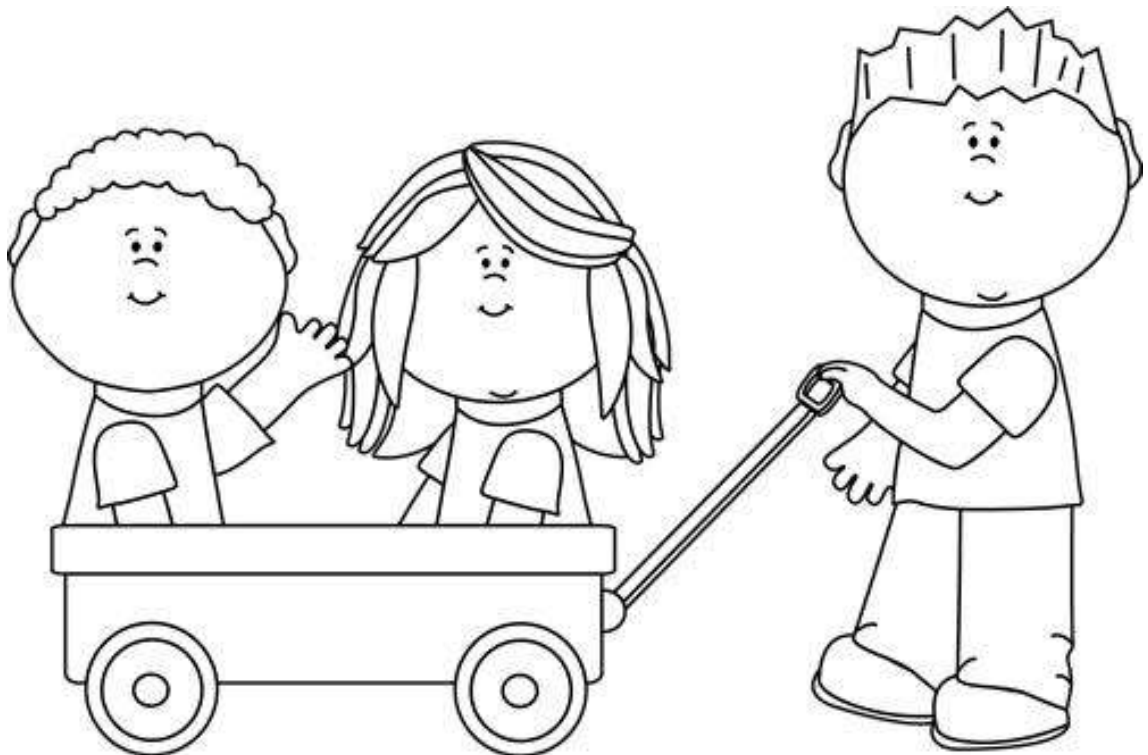
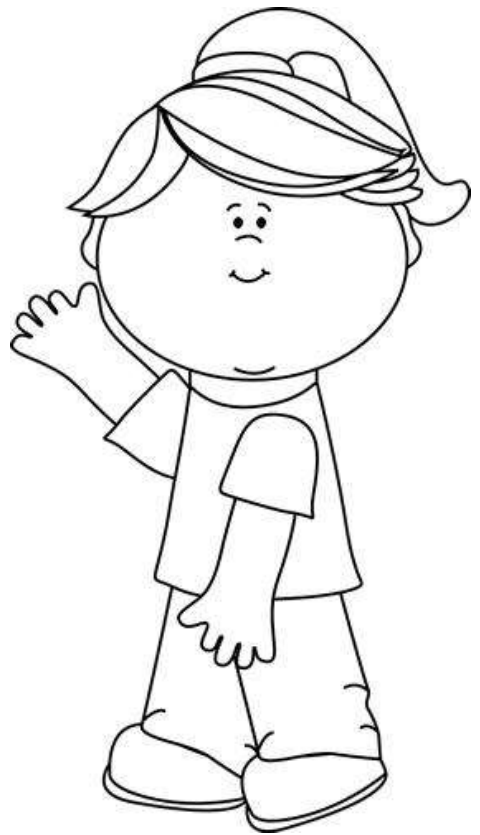
This book is about **YOU!**

There is something very special that is **YOURS.**

-YOUR BODY! -

Read this book with your mom or dad.

Ask them questions as you go through the book!

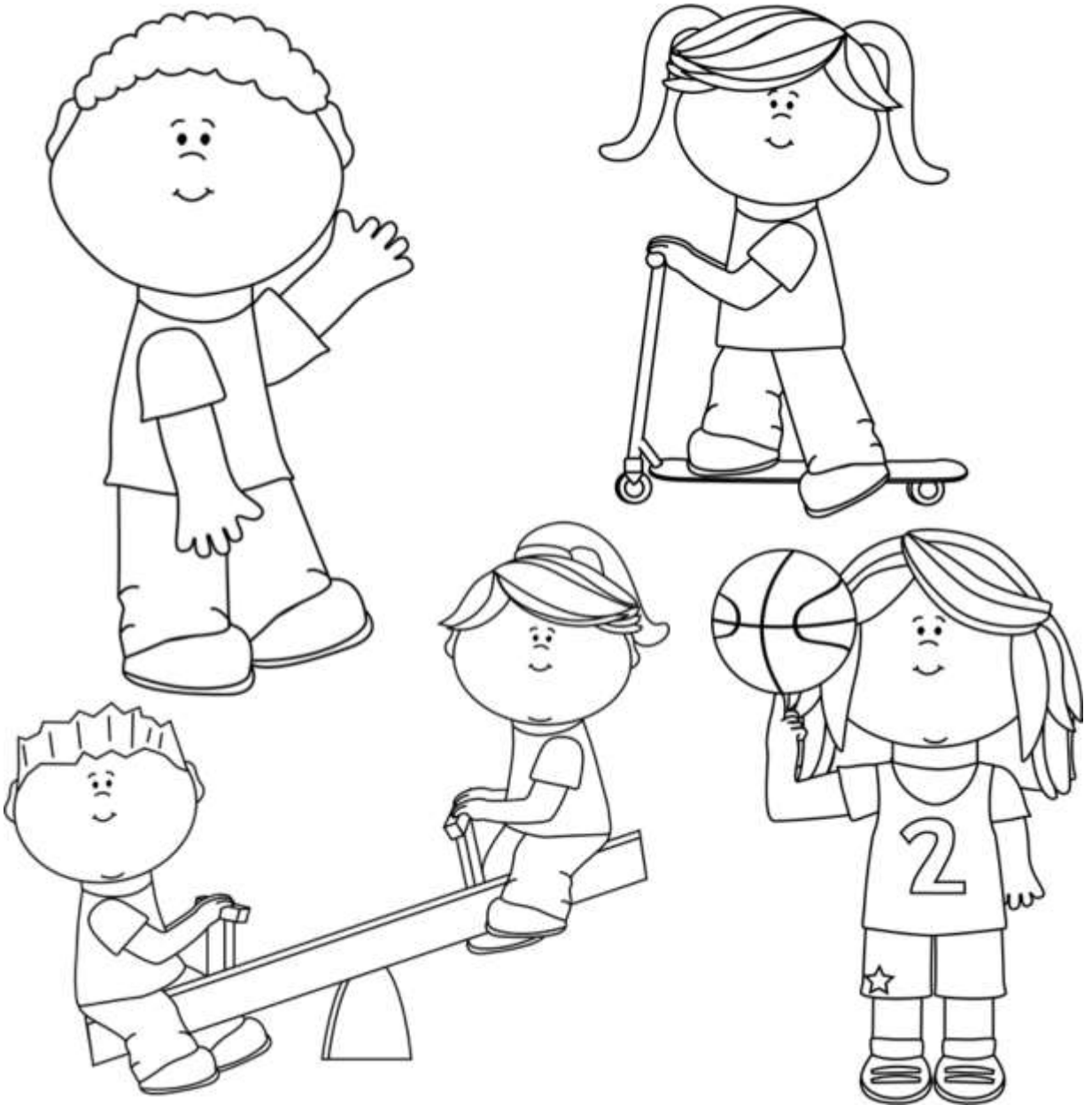


You have your very own body!

Animals have bodies too. They are all different.



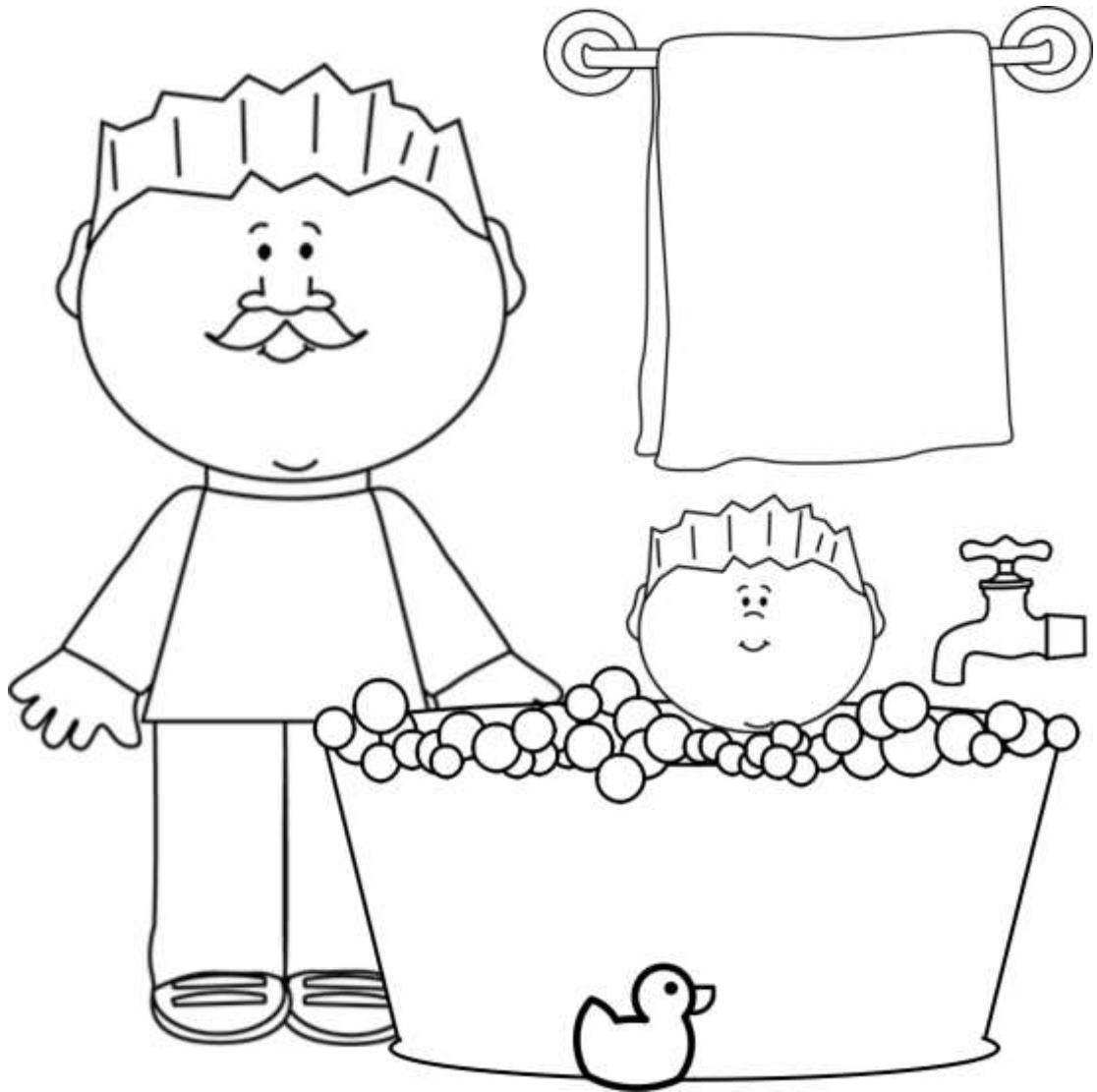
Your body has many parts. Each part is special.
Some parts are private.



Do you know the names of the private parts?

There is a **RULE** about private parts!

No one else should touch private parts, except
to keep us clean or healthy.

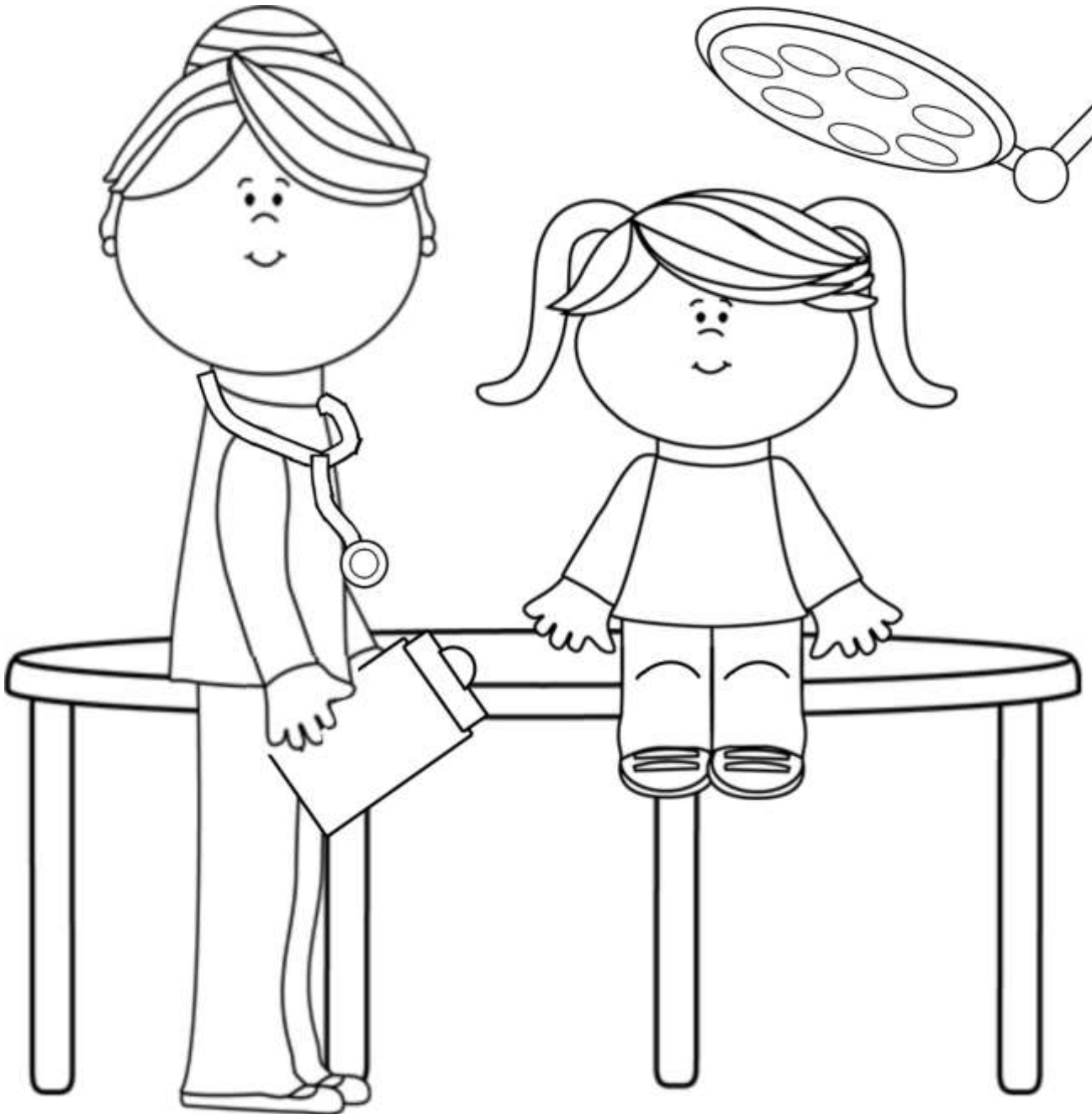


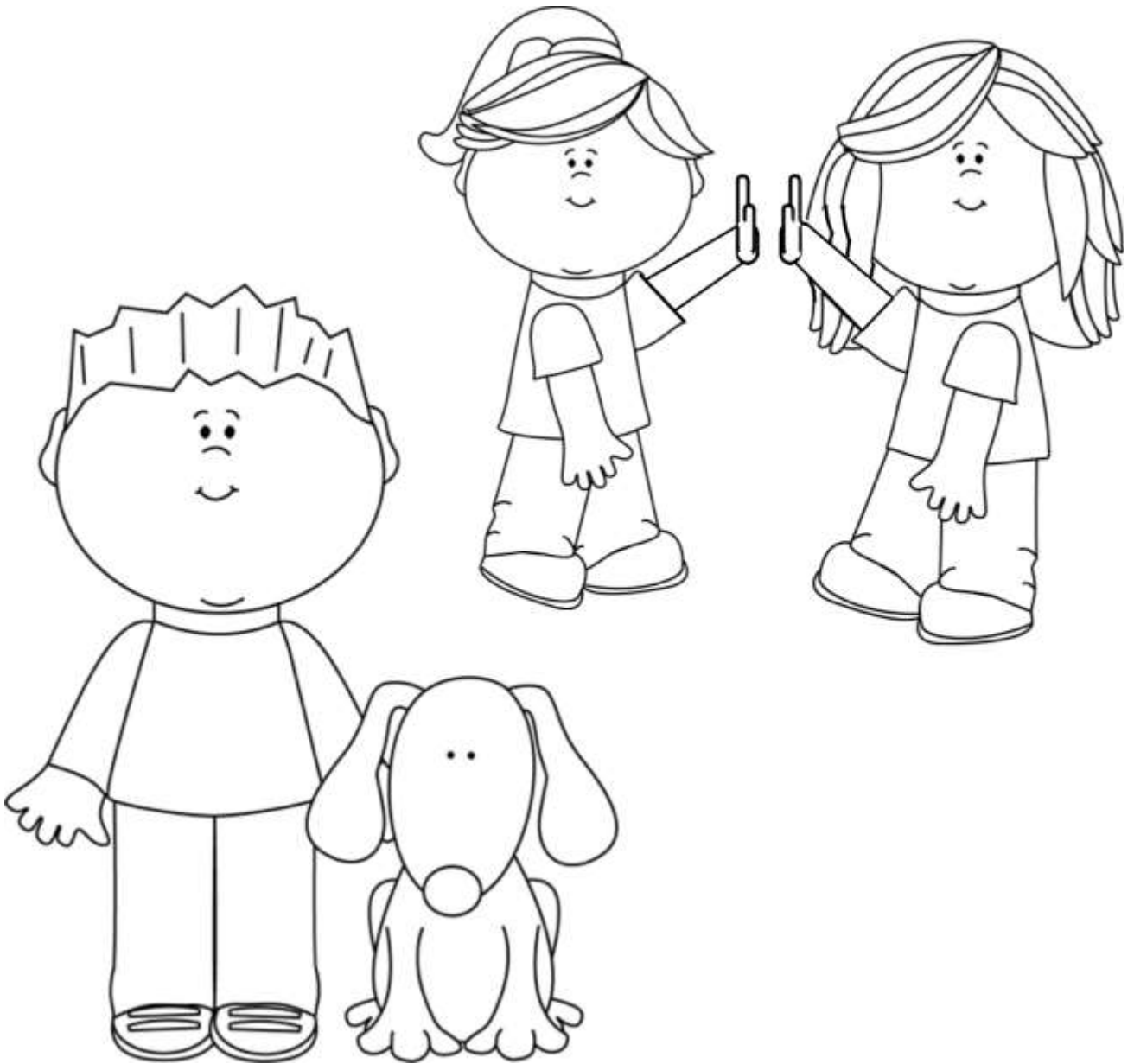
When we're little, we might need help to keep us clean. We might need help with a bath or shower. We might need help after we use the bathroom. That's okay.

But it is NEVER a secret!
It is okay to tell someone.

Sometimes a doctor or nurse might touch our private parts if they hurt or when we get a checkup. That's okay too.

But it is NEVER a secret!





Some touches are good, like when we pet a nice dog, or when friends give each other a high five.

But some touches are bad, like when someone hits someone else.

Bad touches might make you feel sad, or mad, or scared, or confused.

If someone touches your private parts, or touches you in some other way that you do not like, you should tell them to STOP!!!

Even if they are bigger than you.

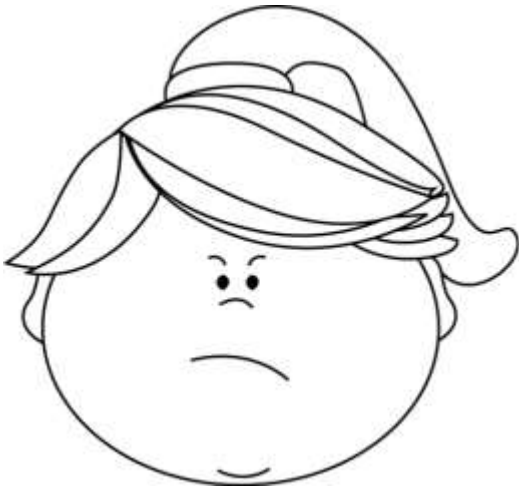
Even if you know them.

Even if they are grown up.

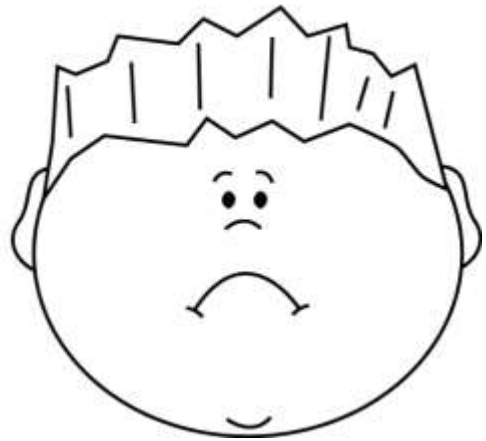
Even if they look and act friendly or nice.



If someone touches your private parts, or hurts you, or touches you in some other way that you do not like, it might make you feel bad ...



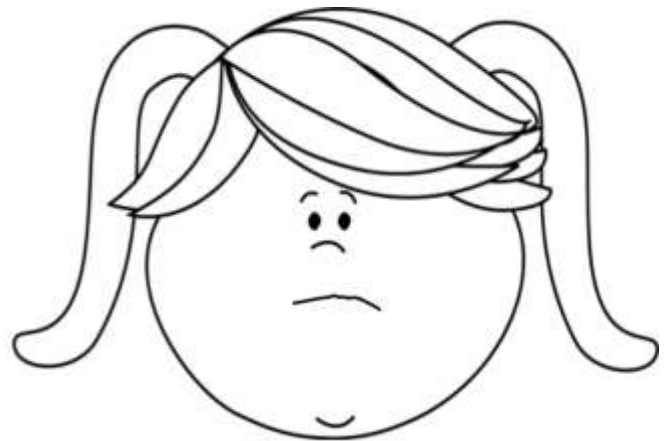
Or Mad



Or Sad



Or Scared



Or Confused

Have you ever felt mad, or sad,
or scared, or confused?

Feeling bad is not fun, is it?

But if it happens, you can feel better!

Be SAFETY SMART!

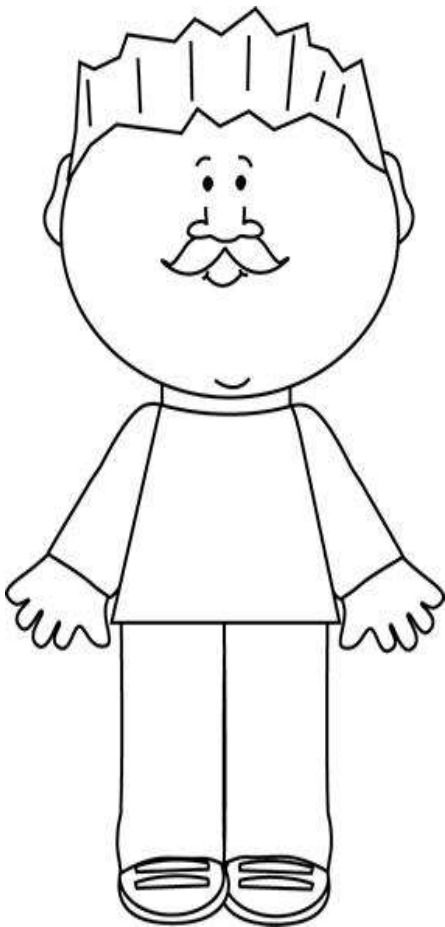
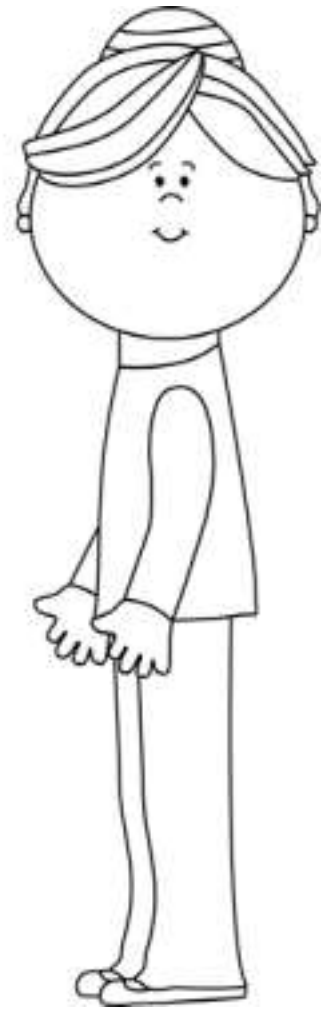


TELL A GROWN-UP WHO YOU TRUST!

DON'T KEEP IT SECRET!

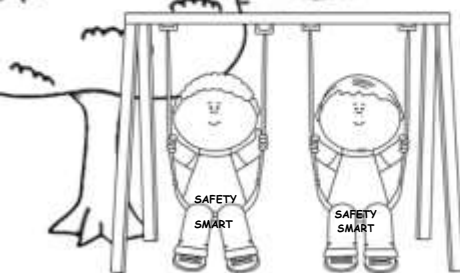
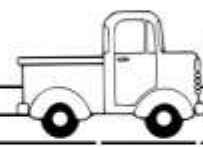
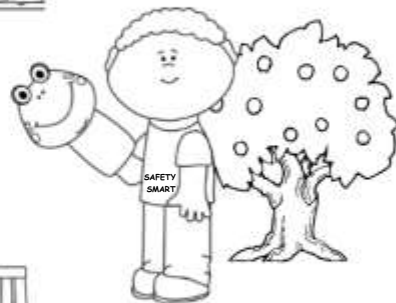
SAFETY SMART kids know that if someone tries to touch their private parts, they can tell their parents or another trusted grown-up.

A trusted grown-up is anyone who will help you be safe.

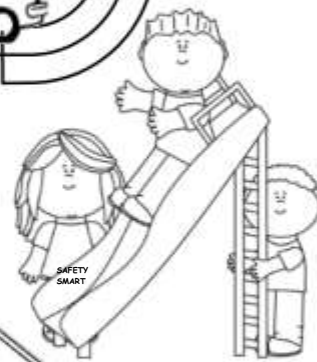
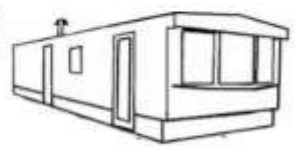


It could be your mom, dad, aunt, uncle, grandparent, teacher, neighbor, a parent of one of your friends, or someone else.

Look at the picture on the next page. In the middle, draw a picture of where you live. Can you think of some places near your home where you might find a trusted grown-up?



Here is a picture of where I live.





★ ★ ★ ★ ★ ★ ★ ★ ★ ★

HOORAY FOR YOU!

You have gone through
the whole book!
We hope you asked lots
of questions!
You are now
SAFETY SMART!

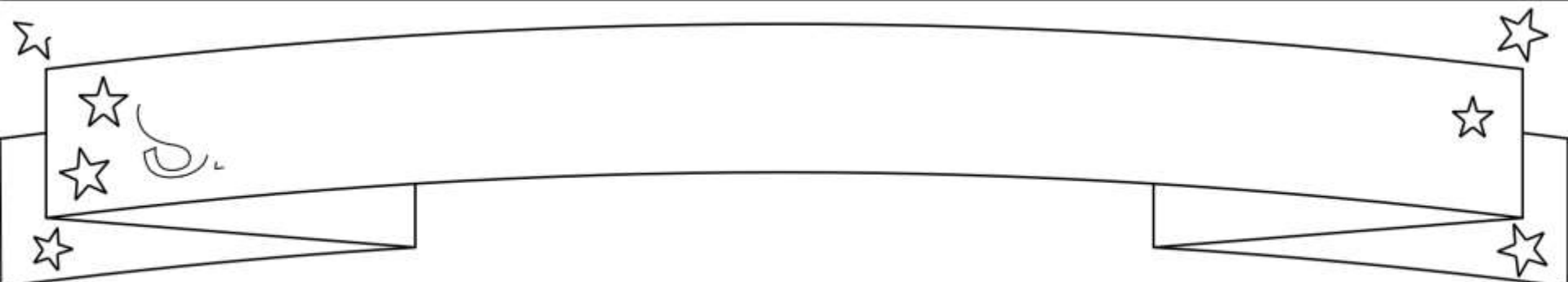
MY PARENTS
KEEP ME
SAFE!

~~ABUSE~~

~~SECRETS~~

TELL
SOMEONE
RIGHT
AWAY!





Proudly Pro

✓ I know whic..

✓ I know that if any body that is private, then GO AND TELL a gr

✓ I know that I should NEVER, any secrets about touching.

My Name

Parent or Other Trusted Person

Parent or Other Trusted Person

Parent or Other Trusted Person





**REMEMBER TO BE
SAFETY SMART!**

After you have colored
your **SAFETY SMART**
Award, show it to your
mom or dad!

**REMINDE
ABOUT
SAFETY
SMART!**



**SAFETY
SMART**

**SAFETY
SMART**

